MediCertLab
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Testing – Verification – Quality Control – Training – Conferences

TESTING LABORATORY
2, Rozwojowa street, 44-240 Żory, Poland

Dietary supplements – Foods – Cosmetics – Pharmaceuticals – Medical products

Report number: 26075_2606015_S_01

Issue date: 2026-06-26

Customer:	7FIT SPÓŁKA AKCYJNA
Subject:	Supplements
Order number:	26075
Testing objective:	Confirmation of compliance with specification

Sample/Product name:	CreaCrystal

Matrix:	-
Sample form:	Powder
Batch number:	CM202603202E
Manufacturer / Place of production:	-
Production date:	-
Expiration date:	-
Country of origin:	-
Sample transportation:	Delivery to laboratory
Storage conditions:	-

Sample number:	2606015
Sample delivery date:	2026-06-24
Evaluation of the sample:	Intact, protected from light
Sample type:	-
Sample appearance:	White powder
Packaging type:	Pouch
Number of packages:	3

Testing start date:	2026-06-24	**Testing end date:**	2026-06-26

Test parameter	Method	Result *	Uncertainty **	Unit	Specification#	Compliance with specification***
Creatine	L_M_01	89084 101152 101	1800 2000 2	mg/100g mg/100g (as hydrate) % (as hydrate)	> 99.5 %	Z
Creatinine	L_M_01	37	1	ppm	< 100 ppm	Z
Cyanide	L_M_04	< 1	-	ppm	< 1 ppm	Z
Dicyanamide (DCD)	L_M_01	9.3	0.2	ppm	< 50 ppm	Z
Dihydrotriazine (DHT)	L_M_01	nie wykryto	-	ppm	< 5 ppm	Z

Analysis of results, summary of tests and scientific conclusions

A sample of the creatine monohydrate raw material, was tested.
The results obtained meet the requirements of the USP monograph for this type of raw material.

* - signs "<" or ">" in the "Result" column indicate that the test result is below or above the method's measuring range. The measurement uncertainty reported for results marked with the symbol "<" or ">" refers only to the lower or upper limit of the method's measuring range, respectively.

** - the expanded uncertainty of the result (unless otherwise stated) determined for a coverage factor k=2 at a confidence level of 95%, does not include the uncertainty related to sampling.

*** - when a laboratory conducts a compliance with specification assessment, the simple acceptance rule is used, in accordance with the ILAC-G8:09/2019 guidelines, unless otherwise specified. The "Compliance with specification" column displays the appropriate symbol: Z – result compliant with the specification, N – result non-compliant with the specification.

Abbreviations: ThE – thiamine equivalent, RiE – riboflavin equivalent, NE – niacin equivalent, ChE – choline equivalent, PAE – pantothenic acid equivalent, PE – pyridoxine equivalent, FAE – folic acid equivalent, GAE – gallic acid equivalent, AAE – ascorbic acid equivalent, RE – retinol equivalent, TE – tocopherol equivalent, PV – peroxide value, ANV – anisidine value, AV – acidic value, TG - as triglycerides.

The information presented in the report about the tested sample(s), marked by #, refers to the information provided by the Customer.

Tests results refer to the sample provided by the Customer.

The results for parameters marked with the symbol (a) come from accreditated tests.

The results for parameters marked with the symbol (s) come from tests performed under subcontract.

The MediCertLab laboratory is not responsible for the sampling method used by the Customer or for the representativeness of the sample in relation to the entire batch of material/ product.

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